Collaborative Black Health Summit

February 26 & 27, 2021
✓ Keynote Speaker
✓ Panel Discussions
✓ Breakout Sessions

This summit will provide you with relevant and actionable information and connect you to community resources! CAA Health is creating a space of mutual support and connectedness to showcase strategies and best practices for helping our community members achieve their highest level of health and well-being.

Questions? Contact: Eric@caahealth.org

Thank You to Our Sponsors!

Register online at:
whova.com/web/cbhs_202102
Friday, February 26, 2021

COMMUNITY HEALTH • COVID-19 • MOVING FORWARD TOGETHER

TIME
4:00–4:30 pm
4:30–4:40 pm
4:40–5:00 pm
5:00–6:00 pm
6:20–7:20 pm
6:30–6:20 pm
7:20–7:35 pm
7:45–8:05 pm
8:05–8:20 pm
8:20–8:50 pm
9:00–9:15 am
9:15–9:30 am
9:30–10:30 am
10:45 am–12:15 pm
12:30–1:30 pm
12:30–1:30 pm
12:30–3:30 pm
12:45–2:45 pm
3:00–3:30 pm
3:30–4:00 pm
4:00–4:15 pm
4:15–4:30 pm
4:40–4:51 pm

SESSION NAME & DESCRIPTION
WELCOME A welcome message and overview of Day One
Invited Remarks by the Mayor of Denver about CAA Health and the City of Denver’s COVID-19 response and recovery efforts.
COVID-19: Black History Month Edition Keynote by Dr. Terri Richardson, exploring why Black and Brown communities have been heavily impacted by COVID-19; followed by a panel discussion and Q&A, featuring research and medical professionals discussing all aspects of the virus and vaccine.
Make a Culture Move A presentation and discussion about cultural appropriation. Ideal for African American youth, adults, parents, and elders.
Public Housing and Seniors: An Incongruent Match for COVID-19 A presentation on COVID-19 and senior health, highlighting that housing quality is critical to assessing risk factors for COVID-19 among seniors.
Parenting During COVID-19 A workshop designed to provide parents and caregivers with new approaches to caring for children during COVID, including strategies to create normalcy and promote resiliency.
Why We Need to Care about the Caregiver A presentation designed to raise awareness of and appreciation for the challenging task of caregiving that so many take on.

WELCOME
Train as a Health Self-Advocate to Become a Health Collaborator
COVID-19 Resiliency: Building Support for Vaccine Trust through Community Partnerships
Not Your Grandmother’s Soul Food!
Get Outside the Box to Engage Fathers
Health Care Options for New Moms
Public Health & Environment.
Community Resources
Health Insurance Options
A celebration of the African American contribution to health and health care.
A welcome message and overview of Day Two.
A session to educate and encourage all agencies and programs on how to create and maintain an environment that prioritizes father engagement as a critical factor in increasing healthy children and families.
A presentation and discussion panel to share key findings and discuss next steps and recommendations from a community survey conducted as a follow-up to the Colorado Criminal Justice Reform Coalition’s Victims Speak Report.
A presentation and discussion panel on state legislative priorities and topics, featuring select members of the Black Democratic Legislative Caucus of Colorado.
A presentation designed to raise awareness of and appreciation for the challenging task of caregiving that so many take on.

AGENDA

SESSION NAME & DESCRIPTION
CLOSING SESSION
Deidre Johnson, CEO/Executive Director, CAA Health
Make a Culture Move
Mr. Charles & The Let’s Start Dancing Crew
Medicare Made Easy: Get Your Questions Answered
PRESENTER(S)
WELCOME
Dr. Jennifer R. Warren, PhD, Center for African American Health
Disparities Education & Research
Jill Addai, MSW, LSW, and Karen Verdier, MBA, CPH
Lutheran Family Services Rocky Mountain
Why We Need to Care about the Caregiver
Deidre Johnson, CEO/Executive Director, CAA Health
Invited
Mayor Michael Hancock, City of Denver
COVID-19: Black History Month Edition
Speaker: Dr. Terri Richardson | Moderator: Deidre Johnson Panelists: Dr. Terri Richardson, Dr. Oswald Grenardo, Dr. Stephaun Wallace, PhD, Dr. Sheila Davis
Public Housing and Seniors: An Incongruent Match for COVID-19
Dr. Jennifer R. Warren, PhD, Center for African American Health
Disparities Education & Research
Parenting During COVID-19
Jadmine Wright, Mark Hill, & Tabiba Ibih Sari Israel
Make a Chess Move
Nadine R. Cornish, CSA, Caregiver’s Guardian
Why We Need to Care about the Caregiver
Deidre Johnson, CEO/Executive Director, CAA Health
Invited
Mayor Michael Hancock, City of Denver

Saturday, February 27, 2021

COMMUNITY HEALTH • COVID-19 • MOVING FORWARD TOGETHER

TIME
9:00–9:15 am
9:15–9:30 am
9:30–10:30 am
10:45 am–12:15 pm
12:30–1:30 pm
12:30–1:30 pm
12:30–3:30 pm
12:45–2:45 pm
3:00–3:30 pm
3:30–4:00 pm
4:00–4:15 pm
4:15–4:30 pm
4:40–4:51 pm

SESSION NAME & DESCRIPTION
WELCOME A welcome message and overview of Day Two, featuring a song by Dianne Reeves.
Mr. Charles & The Let’s Start Dancing Crew Live Group Dancing
Black Caucus Legislative Panel A panel on state legislative priorities and topics, featuring select members of the Black Democratic Legislative Caucus of Colorado.
Recognizing Privilege & Entitlement and Their Impact on Our Mental Health A presentation of what it means to recognize privilege, how it differs from entitlement, and why acknowledging your own privilege is necessary to internalize the way you treat others.
Crime Victims Research Survey Results A presentation and discussion panel on key findings and discuss next steps and recommendations from a community survey conducted as a follow-up to the Colorado Criminal Justice Reform Coalition’s Victims Speak Report.
Mending Our Frayed Mental Health and Re/Establishing Social Connections Energize your spirit and mental health with storytelling through fiber arts and crafts. An exploration of how fiber arts can connect us to our ancestors and community and sustain us through the pandemic.
How Lifestyle Medicine Provides Well-Being A workshop designed to address the healing effects of Lifestyle Medicine on personal trauma, encourage behavior change to prevent chronic disease, promote holistic health, and support sustained well-being.
Train as a Health Self-Advocate to Become a Health Collaborator A presentation on the challenges of interacting with health systems and providers and the importance of self-advocacy, followed by a 2-hour workshop to train attendees in effective self-advocacy skills.
Medicare Made Easy: Get Your Questions Answered An opportunity to ask questions of a Medicare expert.
Everything in My Basket Ideal for those with disabilities and those who are already or soon-to-be 65 years old.
Healing Black Bodies Using Trauma Sensitive Yoga, Breathing, & Meditation A presentation and workshop on practicing trauma sensitive yoga, breathing, and meditation, designed to give black and brown bodies permission to heal.
Intergenerational Partnership & Leadership: Humanizing Self-Care A workshop to discuss how in different generations can address the stress of doing social justice work while balancing everyday life.
Get Outside the Box to Engage Fathers A session to educate and encourage all agencies and programs on how to create and maintain an environment that prioritizes father engagement as a critical factor in increasing healthy children and families.
Neighors Together Encouraging Hope Explore a social connectedness campaign in East Denver, featuring two grassroots entities, Eastside Unified Unidos & Neighbors Together.
Belkhor Colorado Advocacy & Leadership Project Learn about Belkhor Colorado, a leadership advocacy program that trains African American community members to identify and advocate for change in health policy.
COVID-19 Resiliency: Building Support for Vaccine Trust through Community Partnerships A panel discussion on building support for vaccine trust through community partnerships.

PRESENTER(S)
Deidre Johnson, CEO/Executive Director, CAA Health
Charles Doss & The Let’s Start Dancing Crew
Teresa L. Manuel, Living Healthy Team of Mental Health Center of Denver
Panelists: Jason Vellela and Erin Harris from Denver Public Health, LaToya Petty, Troy Grimes, Rey Gallegos, Henry Price, and Michael Filmore, from Community Leadership Team
CheyOnna Sewell, The Yarn Mission, Mary Lastier, Wou Shenqui Guilt, Tricia Waddell, Studio Biikdr, Kim, Prenye Herbasl
Dr. Jennifer R. Warren, PhD, Center for African American Health
Disparities Education & Research
Joe Moore, Medicare Made Easy, Ashley Chavez and Estella Wolff, Bright Health Medicare Advantage Plans
CAA Health Staff: Troy Grimes, Program Team Manager, Teluha Battle, Community Resource Navigator, Johnson Young, Crisix Resource Navigator, Yolanda Geter, Senior Living Health & Wellness Navigator
Raikeis Timm, The Center for Trauma & Resilience
Young Aspiring Americans for Social & Political Activism / NAACP Aurora
Ray Washington, Fatherhood Support Services
Ana Luisa Galindo and Joannita Espino-Luevano, Vacino Unido
Roberta Mokob and Sandy Douglass, Movement Makers
Eric Moore and Belkhor Colorado Team from CAA Health and the Colorado Consumer Health Initiative
Moderator: Rosalyn Carpenter, CommonSpirit Health | Panelists: Brittaney J. Berthea, Monarch School of Medicine, Reverend Dr. Timothy E. Tyler, Shorter Community AME Church, Dr. Oswald Grenardo, Centura Health, Dr. Brandi Freeman, Denver (CO) Chapter, The Links Incorporated, Children’s Hospital Colorado

FEBRUARY 27, 2021

A welcome message and overview of Day Two, featuring a song by Dianne Reeves.
A welcome message and overview of Day One.
A workshop to discuss how activists can use fiber arts to connect with community members and build community connections.
A celebration of the African American contribution to health and health care.
A welcome message and overview of Day Two, featuring a song by Dianne Reeves.
A presentation and discussion about cultural appropriation. Ideal for African American youth, adults, parents, and elders.
A session to educate and encourage all agencies and programs on how to create and maintain an environment that prioritizes father engagement as a critical factor in increasing healthy children and families.
A presentation designed to raise awareness of and appreciation for the challenging task of caregiving that so many take on.
A presentation and discussion panel on state legislative priorities and topics, featuring select members of the Black Democratic Legislative Caucus of Colorado.
A workshop designed to address the healing effects of Lifestyle Medicine on personal trauma, encourage behavior change to prevent chronic disease, promote holistic health, and support sustained well-being.
A welcome message and overview of Day Two.
A presentation designed to address the healing effects of Lifestyle Medicine on personal trauma, encourage behavior change to prevent chronic disease, promote holistic health, and support sustained well-being.
A celebration of the African American contribution to health and health care.
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